



The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigor of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

Diploma in Energy Medicine

DIPLOMA CODE: DEM 100

Become a Professional Healer-Everything Is Energy

In this twelve month program you will develop your natural ability to sense and channel energy to build your intuition, heal all levels of energy in others, and attract clients to your business.

The human body contains energy channels, known in Chinese healing as meridians, and in SANSKRIT as chakras, which collect and transport energy throughout the body and energy field. These energy channels can be utilized to sense dis-ease and to promote wellness. Everyone has one or two levels of natural energy awareness.

Janet Amare has been a professional healer since 1984 and will help you to understand your natural abilities and will help train you to expand your intuitive abilities and skills in channelling energy to others. By the end of the twelve month program you will have the tools to begin your personal healing practice or to develop a coaching or counselling practice.

Janet will work with you throughout the process to help you to assess and develop your personal skills for the work you choose to do.

Develop Your Discernment & Spiritual Connection - 3 Courses of 4 Modules each, utilizing a combination of online videos, online live virtual sessions & optional in person sessions. Includes in class, personal coaching, group online coaching, reading & case studies (Over 525 hours in total in 3 parts of approximately 175 hours each.)

COURSES:

- DEM 101 Sensing & Using Energy
- DEM 102 Building & Channelling Healing Energy
- DEM 103 Hands-On-Healing Tools & Techniques
- DEM 104 Understanding & Working with the Chakra System
- DEM 105 Advanced Energy Medicine
- DEM 106 Regression to Release Limiting Decisions
- DEM 107 Counselling, Coaching & Grief Healing
- DEM 108 Interview & Listening Skills
- DEM 109 Spiritual Business Practices
- DEM 110 Spiritual Principles to Attract & Retain Clients
- DEM 111 Practical Experience with Live Clients
- DEM 112 Putting Your Spiritual Energy Medicine Skills to Work

EVALUATION:

Attendance at online, live lectures; watch independent study videos; in-class practice; reading; exam and submission 5 case studies and an essay

PREREQUISITES:

- High school diploma
- Fluent in the English language
- Acceptance into the program is based on your personal interview with Janet Amare, the instructor, and answers to a short questionnaire. Book your appointment today.

DURATION:

525 clock hours over 12 months

CLASS TIME:

Live Classes : 10am - 3pm 1 day every 4th module

Online Virtual Classes: one day per month

Generally, the course will be held over 12 months with in- person classes running from 10:00am-3pm on one Saturday or Sunday every 4th month. Start and end dates will be determined each year, based on numbers of participants who choose live classes. Additional content will be provided through live zoom video lectures & recordings. A full schedule, as well as a reading list, will be provided once you are approved for admission.



INNOVATIVE LEARNING THROUGH **ONLINE** VIRTUAL CLASSROOM COURSES

Visit www.cihs.ca or www.naturalmedicinecollege.ca

to receive a **BROCHURE** with tuition pricing

Tel: 877-596-2368

Email: admissions@cihs.ca

Registered with Human Resources Development Canada #7009/8340 for Education Tax Receipts





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COURSE DESCRIPTION:

PART ONE (Modules 1-4)

DEM 101 (Module 1, part 1) Sensing & Using Energy:

Using your body, third eye and hands to sense energy types, energy flow and qualities of different types of energy gatherers & emitters. Scanning & sensing energy in the human aura, & from a distance. Channelling colours of light & frequencies of sound.

DEM 102 (Module 2, part 1) Building & Channelling Energy

Learn how to gather energy into your energy field & direct it using light, colour & sound. Develop ability to sense energy blockages & channel appropriate frequencies to promote healing, Balance & overall well being. Open to intuitive insight to support energy channelling.

DEM 103 (Module 3, part 1) Hands-On-Healing Tools & Techniques:

Practice specific techniques to channel overall energy, clear congestion, inflammation & promote healing on the physical, emotional, mental & spiritual levels. Develop ability to sense, gather, direct & access energy in the human energy field.

DEM 104 (Module 4, part 1) Understanding & working with the Chakra System:

Seeing the body as a temple & using the chakra system to promote healing of neighbouring organs & systems. Sensing & channelling energy through the chakras & meridian systems.

PART TWO (Modules 1-4)

DEM 105 (Module 1, part 2) Advanced Energy Medicine

Using the principles of sacred geometry learn specialized energy techniques to balance & build the overall energy in the hormonal & circulatory systems & to treat pain, inflammation & dis-ease.

DEM 106 (Module 2, part 2) Regression To Release Limiting Decisions:

Developing the skills to travel in space & time to heal decisions & experiences that limit you & to imprint positive energies to improve the present. Learn how mental emotional healing through regression transforms the physical body & energy field.

PART TWO cont'd (Modules 3-4)

DEM 107 (Module 3, part 2) Counselling, Coaching & Grief Healing:

Utilizing spiritual principles to give clients options, guide their actions & help them through life's changes. Learn tools & techniques to build relationships & aid people through loss & change.

DEM 108 (Module 4, part 2) Interview & Listening Skills

Advanced listening, interviewing & presentation skills—what are they & how do you use them with spiritual insight. Sensing and utilizing energy from across the room.

PART THREE (Modules 1-4)

DEM 109 (Module 1, part 3) Spiritual Business Practices

How is a spiritually based business different from a traditional one? You will learn energy magnetizing of clients, spiritual marketing, promoting & attracting. Learn how to create from a spiritual source. Develop the ability to clarify & create a powerful founding energy for your business.

DEM 110 (Module 2, part 3) Spiritual Principles to Attract & Retain Clients

A workshop format to practice using energy principles to build your business, attract new work & maintain a positive spiritual presence. You will have the opportunity to develop a brochure, training program, product or service with direct feedback.

DEM 111 (Module 3, part 3) Practical Experience with Live Clients

A full day of practice in interviewing, coaching, counselling and hands-on practice with live "clients". You will get direct feedback and guidance to further your channelling skills.

DEM 112 (Module 4, part 3) Putting Your Spiritual Energy Medicine Skills To Work

Learn how to utilize your skills and "put it all together" with a flow chart to assist you in knowing how to approach particular issues. Develop your ability to balance intuition with logic and create programs to assist clients through transformation to wellbeing.



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PAYMENT OPTIONS (CAD\$):

- **Option 1:** Full tuition **\$2700.00 (for 3 certificates)**
- **Option 2:** Payment individually for Parts 1,2 & 3 **\$800.00 ea. part (1 certificate / part)**
- **Option 3:** Payment to advance to a Diploma program (upon approval) and a submission of 3 additional case studies covering the 3 parts **\$500.00**

HOW TO APPLY:

1. *Register for this program by proceeding to Home Page Student Registration Button on www.cihs.ca or www.naturalmedicinecollege.ca*
2. *Pay your \$75.00 non refundable student registration fee which will entitle you to an education tax receipt and a Diploma upon graduation.*
3. *Contact Janet Amare for a 20 minute phone consultation at janet@janetamare.com*
4. *Send your registration form to Janet Amare.*

DELIVERY OF PROGRAM:

- The Course dates are to be determined. Generally, the course videos will be held over an evening running from 7pm to 9:00pm on a few evenings per month. Additional content will be provided through pre-recorded lectures. A full schedule, as well as a reading list, will be provided once you are approved for admission.
- Program is a combination of 85% online and 15% live.
- T-2202A Tax Receipt will be issued only if registered with CIHS

CIHS does not guarantee job placement after completing any of our programs.



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