



The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigors of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

Diploma in Conscious Education

DIPLOMA CODE: DCE100

Accepting children for who they are, without placing any unreasonable expectations, is part of educating spirited children on a new level. In this program, you will learn ways of how to embrace, empower and accept children the way they are.

Parents, teachers and adult caregivers will learn ways in which we can communicate with children and teach them how to be accountable for their actions, and how to be independent and self regulate. Enrollees will discover ways in which conscious education differs from traditional ways of educating. You will also learn techniques and exercises that create mindfulness in children.

The **online** format is very unique to CIHS. The program consists of 10 Modules once a month from July to June. There will be an online exam and 2 essay writings required.

The successful graduate (attendance of 10 modules & assignments) will attain an electronic Diploma in Conscious Education and can use the accumulated hours for CEU's. You will also receive a T2202 education tax receipt for monies paid.

Maria Gonyea has worked in the field of education for over 30 years. Her passion, dedication and love for children has taken her through a wonderful journey, that has taught her about acceptance, belonging and joy. Maria has written and published a poignant children's story, where she introduces Spirit to children. Today she is Principal of a Montessori school, Reiki and Energy Healer, and is inspired to help Adults understand how to work with Crystal, Indigo and Sprite Children. Enjoy time learning with Maria!

ONLINE COURSE through ZOOM:

DCE 100: 10 Modules

EVALUATION:

- Completion of required reading assignments, 2 essays and a final exam
- Minimum grade of 70% on final exam

PREREQUISITES:

- High School Diploma or Adult Student status
- Fluent in the English Language

DURATION:

- 1 Module per month from 9am to 12noon running from July 2023 to June 2024.

PAYMENT CAD\$:

Non refundable registration fee: \$ 75.00

10 Modules paid in full \$850.00

or

Pay Module by module : \$ 90.00

(to be paid in advance of attendance)

- **To Register for this program please proceed to Home Page Student Registration Button on www.naturalmedicinecollege.ca**
- **CIHS does not guarantee employment after graduation from any of its programs**



INNOVATIVE LEARNING THROUGH CIHS **ONLINE** VIRTUAL CLASSROOMS

Visit www.cihs.ca or www.naturalmedicinecollege.ca

to receive a **BROCHURE** that includes tuition pricing

Tel: 877-596-2368

Email: admissions@cihs.ca

Registered with CRA/HRDC #7009/8340 for Education Tax Certificates





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Diploma in Conscious Education

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MODULE 1: Conscious Education—definition vs traditional education. We will discuss methods of effectively communicating with children, and teaching children how to self regulate. Mindfulness practices will be taught that calm and centre children.

MODULE 2: This module will focus on teaching children/attendees how to love themselves, care for themselves and how to build healthy relationships.

MODULE 3: Nutrition—the effects of foods and water on mental and emotional balance for ALL involved. Hypersensitivity, brain fog, sugar and dehydration affect focus, attention and energy levels.

MODULE 4: Creative Energy, flow and how to implement into the existing educational system. This will be a hands on experience using certain tools and materials to enhance the creative energy.

MODULE 5: Emotional Regulation—you will be taught Chakra balancing through QiGong and breath work and meditation for relaxation and ego strengthening which in turn you can teach children.

MODULE 6: Various pedagogies will be highlighted and shown how to use particular concepts in the classroom and at home.

ONLINE COURSE through ZOOM

MODULE 7: Emotional Intelligence—this will be a deeper continuation of Module 5. How children hone in on their insightful gifts and how adults can help children to feel their emotions such as hurt, anger, resentment and most importantly how to process those emotions in a balanced and healthy way. Techniques will taught to help a child to process the feelings before negative beliefs set in that will affect the rest of their lives.

MODULE 8: Starseed, Indigo, Crystal, Rainbow & Energy Children—who are they? You will discover how these highly sensitive, intuitive children have challenges managing rigid, controlled environments. Coping mechanisms, self-expression, awareness will be discussed and tools provided.

MODULE 9: Creating Positive Energy in the Classroom/Home. Creating higher vibes from lower vibes will be discussed and exercises given.

MODULE 10: Sacred Geometry—how to incorporate into daily life inside and outside of the classroom to help children focus, be happy and learn.

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